

## Disclosure Decision Worksheet

Consider the pros and cons of disclosure in your personal situation:

<b>Why am I disclosing?</b>	
Anticipated Positive Consequences	Possible Negative Consequences

<b>Whom am I disclosing to?</b>	
Anticipated Positive Consequences	Possible Negative Consequences

<b>How much information am I sharing?</b>	
Anticipated Positive Consequences	Possible Negative Consequences

Bottom Line: Based on all of the above, the best alternative for me is:

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