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2019 Disability Matters N.A. Keynote Speaker Day-1: Tricia Downing



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KEYNOTE SPEAKER DAY-1 2019 **DISABILITY MATTERS**

North America Conference & Awards

April 23-25, 2019

Jupiter, FL

TRICIA DOWNING

Athlete, Author, and Owner, RedefiningAble

[\(Biography\)](#)



WHAT IS GRIT?

It's having the tenacity to face whatever life throws at you;
from everyday stress to life-changing circumstances,
to pushing past self-doubt and confidently navigating the unknown.

It is saying to yourself,

“I will survive. I will come back stronger, smarter and more determined.”

With grit, you overcome your limits.

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After surviving a near-fatal cycling accident and finding herself paralyzed, Tricia Downing emerged as a world-class physically challenged athlete by discovering her inner champion.

Springboard is proud to present Tricia as the Keynote Speaker Day-1 at the 2019 Disability Matters North America Conference & Awards Gala. She will teach you to how to build strength and confidence through mental toughness, get your grit on, and discover your inner champion... all at the same time.

Tricia's must-attend session can only be experienced by purchasing a ticket and registering for the 2019 Disability Matters North America Conference & Awards Gala, please visit >> <https://consultspringboard.com/disability-matters/ticket-purchase/>. To learn more about the event, please visit >> <https://consultspringboard.com/disability-matters/2019dmna/>.



ABOUT SPRINGBOARD®

Founded in 2005, Springboard is recognized as the expert in mainstreaming disability in the global workforce, workplace and marketplace. Serving corporations and organizations throughout the U.S., Canada, Europe and Asia, Springboard has become a trusted partner in relation to disability issues and initiatives across virtually every business category. Springboard annually honors exemplary organizational initiatives that promote the outreach, support & engagement of people with disabilities as employees and as consumers through the Disability Matters Awards.

www.consultspringboard.com

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